



REPUBLIC OF LEBANON  
MINISTRY OF PUBLIC HEALTH



# MENTAL HEALTH DAY 2023

ADOLESCENCE:  
A WINDOW FOR RISKS  
AND OPPORTUNITIES



نقابة النفسانيين  
في لبنان  
Lebanese Order of Psychologists  
Ordre des psychologues du Liban

**FREE ENTRY**  
CME Accredited

**Friday 13th & Saturday 14th October**  
**Under the Patronage of**  
**the Minister of Public Health H.E. Dr. Firass Abiad**

**In collaboration with the Lebanese Order of Psychologists**

**BEIT EL TABIB, (LOP HQ), FURN EL CHEBBAK**

# PROGRAM

FRIDAY 13TH OCTOBER

## **2.00 – 3.00 : Registration**

**3.00 – 3.30 : Opening Ceremony** Drs Josyane Madi Skaff & Charles Baddoura  
Word of the LPS President Dr. Joseph El-Khoury  
Word of H. E. Minister of Public Health Dr Firass Abiad

## **John Fayyad Research Award**

Presented by Dr Elio Sassine

## **Lifetime recognition Award**

Presented by Drs Joseph El-khoury & Charlene Hachem

## **3.30 – 4.30 : Session 1 Adolescents in Conflict:**

Moderators: Charline Hachem & Eliane Besson & Elie Karam

Parent and child-reports of Parent-Child Conflict: Correlates and relationship with Psychopathology in adolescents. – *Fadi Maalouf (AUB)*

Agreement between child and informant-based mental health assessments in the first national Psychopathology in Children and Adolescents in Lebanon Study (PALS) – *Martine El Bejjani (AUB)*

Understanding Bullying through a child and adolescent population of mental health outpatients – *Caroline Cordahi Tabet (SGHMC)*

Bullying and bullying victimization in adolescents and its strong association with psychiatric disorders: Implications for school-based prevention - *Lilian Ghandour (AUB)*

## **4.30 – 5.15 : Satellite Symposium (Janssen)**

Philippe Gorwood : Esketamine for MDD: from clinical evidence to real life

## **5.15 – 5.45 : Coffee Break**

## **5.45 – 6.45 : Session 2: Adolescents and Sexuality (LOPSY Symposium)**

Moderators: Marie-Therese Kheir-Badawi & Brigitte Khoury & Sami Richa

Adolescent sexuality, an essay about the intertwining of anthropology and psychological development. *Leyla Akoury Dirani (AUB)*

Navigating Adolescent Sexuality in the Lebanese Context: Controversies and Communication with Parents. *Pia Tohmé (LAU)*

Gender dysphoria: definition, treatments, and controversies. *Charlotte Khalil*

## **6.45 – 7.45 : Session 3: Risk Behaviours in Adolescents**

Moderators: Hana Azar & Gisele Kazour & Fadel Shihimi

Understanding emotional dysregulation in adolescence: Risk factor or transdiagnostic symptom? *Hala Kerbage (Centre Hospitalier Universitaire de Montpellier, France)*

Predictors of suicide attempts among adolescents with suicidal ideations and plans : *Michele Cherro (AUB)*

Addictive behaviors: The fertile ground of adolescence  
*Joseph El-Khoury (The Valens Clinic, UAE)*

## **FOR INQUIRIES**

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# PROGRAM

SATURDAY 14TH OCTOBER

## 9.00 – 9.30 : Registration

### 9.30 – 10.30 : Session 4 - Mental Health issues in Adolescence

Moderators: Georges Karam & Georges Haddad & Adel Akl

PTSD in Childhood and Adolescence: role of childhood adversities and sensitivity – *Elie Karam (SGHMC)*

Effectiveness of a Two-Stage Strategy Using (PQ16/fpQ16) and (CAARMS) in the Early Detection of Ultra High Risk (UHR) Patients in Lebanon: a Cross-Sectional Pilot Study *Elie Atallah and Marc Mourad (USJ)*

Evaluation de la double dangerosité chez l'adolescent : criminologique et psychiatrique quelles spécificités *Nidal Nabhan Abou (Rennes-France)*

### 10.30 – 11.45 : Session 5 - Eating Disorders in Adolescence

Moderators: Josyan Madi-Skaiff & Joumana Warde Kamar & Jocelyne Azar

Exploring the Influence of Psychological Trauma on the Development and Severity of Eating Disorders *Rami Bou Khalil (USJ)*

Navigating the Treatment of Eating Disorders in the Age of Social Media: A CBT-E Perspective *Joumana Ammar (AUB)*

Overview and Nutritional Management - *Maria Kalache (USJ)*

A Nurse's Perspective - *Carla Haddad (USJ)*

## 11.45 – 12.15 : Coffee Break

### 12.15 – 13.30 : Session 6 - Divorce, Custody and Psychological Health in Adolescence

Moderators : Charles Baddoura & Rabih Chammai & Elio Sassine

Psychiatric and Psychological evaluation - *Elias Ghossoub (AUB)*

Place de l'expertise psychiatrique judiciaire dans un divorce compliqué - *Nidal Nabhan Abou (Rennes-France)*

-Adolescence, Family and Protection in Lebanon - *Rose Habchi Daher (Himaya)*

## CLOSING : MESSAGE OF HOPE *President John Azzi*

## ADJOURN : Josyan Madi Skaiff & Charles Baddoura

AN EXHIBITION BY SPONSORS, ORGANIZATIONS AND GROUPS WILL BE TAKING PLACE THROUGHOUT THE DURATION OF THE CONFERENCE IN THE MAIN HALL



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